



SIZING CHART

For the right fit, print at "100% scale" (uncheck "page scaling").

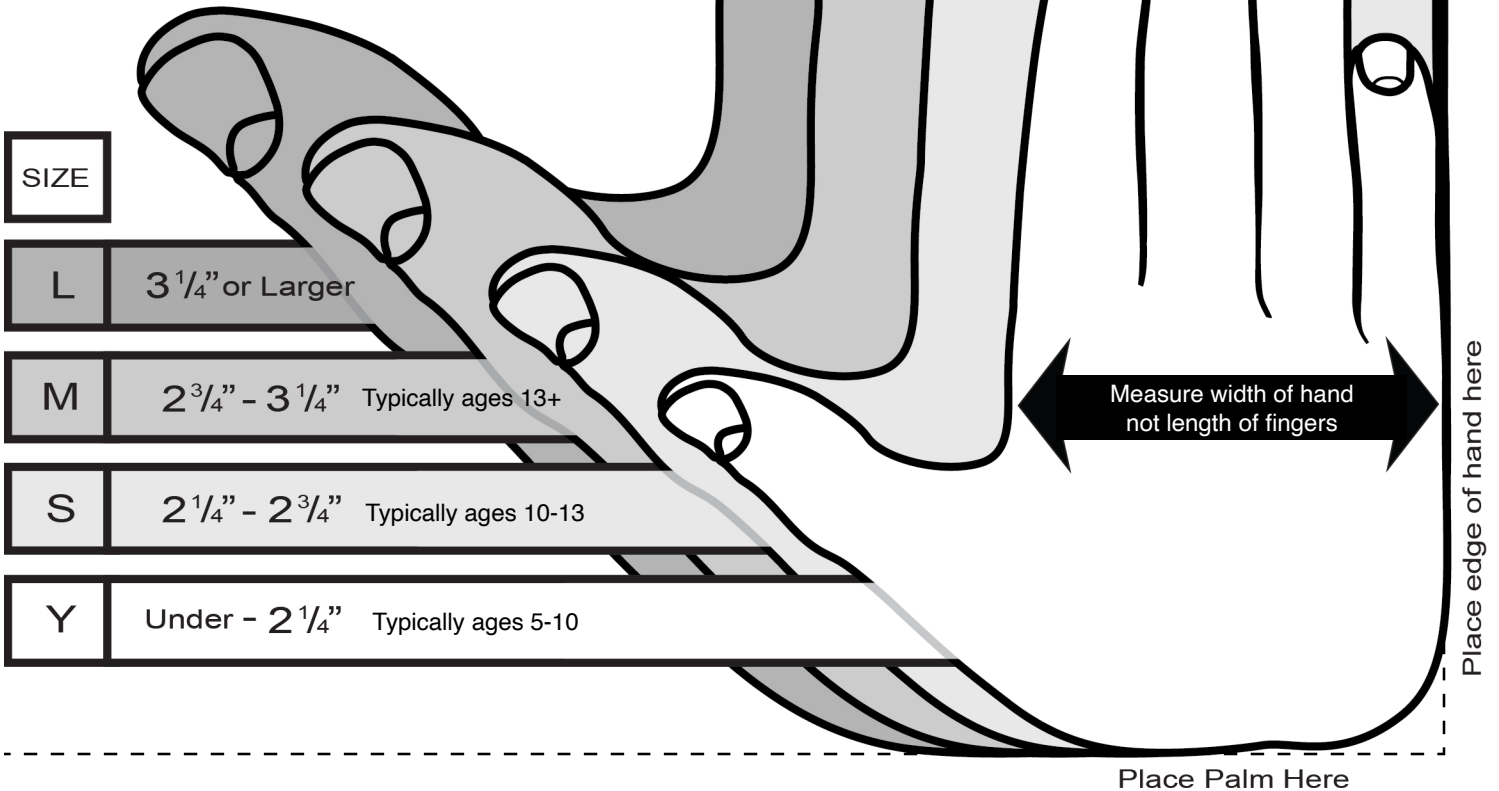
If a **credit card** fits in this box between the outlines, your print scale is **correct**.

Use the hand diagram below to determine your hand size.

	Size	Date
Hand		

DIRECTIONS:

1. Place hand flat on page while aligning palm and edge of hand with dashed lines.
2. The widest part of the hand will determine your grip size.
3. Now match the hand with the size chart to the left.



SIZE	
L	3 1/4" or Larger
M	2 3/4" - 3 1/4" Typically ages 13+
S	2 1/4" - 2 3/4" Typically ages 10-13
Y	Under - 2 1/4" Typically ages 5-10